

Focus on “My Opportunities, My Choices” World Down Syndrome Day 21 March 2015

21 March 2015 marks the 10th anniversary of World Down Syndrome Day (WDSB) and each year the voice of people with Down syndrome, and those who live and work with them, grows louder.

Down Syndrome International encourages our friends all over the world to choose your own activities and events to help raise awareness of what Down syndrome is, what it means to have Down syndrome, and how people with Down syndrome play a vital role in our lives and communities.

Our focus is ‘My Opportunities, My Choices’ – Enjoying Full and Equal Rights and the Role of Families in 2015

People with Down syndrome must be able to enjoy full and equal rights, with ‘opportunities’ and ‘choices’.

Many face challenges to this, as others fail to understand that people with Down syndrome are people first, who may need support, but should be recognised on an equal basis, without discrimination on the basis of disability.

Empowering families to recognise the equal status of their members with Down syndrome is crucial, so that they can provide support, advocate for opportunities and choices and empower people with Down syndrome to express their own views and make their own decisions, as well as advocate for themselves.

If you would like to join this campaign, then we very much welcome its adoption into your plans for WDSB 2015.



For further information on our WDSB 2015 campaign or Down Syndrome International visit www.worlddownsyndromeday.org or www.ds-int.org.